

Spirit of the Boreal Botanicals

Consent Form for Clients

This document is to identify the scope of practice assumed by Dana Wood of Spirit of the Boreal Botanicals and to ensure that no misunderstanding occurs between her and any of her clients as to the expected course or progression of treatment.

Please read and sign that you agree with the following statement:

The Province of Manitoba does not license Herbalists at this time. Dana Wood of Spirit of the Boreal Botanicals is not a medical doctor and does not claim to diagnose, treat or cure medical conditions or pathologies nor prescribe medicine. For any medical condition, you are advised to seek care from an appropriate medical practitioner. Whether you chose to engage a medical practitioner or not for your care is your right and Dana Wood of Spirit of the Boreal Botanicals assumes no responsibility for your decision in this matter.

I, the undersigned, assume all responsibility for decisions I make regarding my health, recognizing that:

- (a) No claims are made for herbal medicine, nutritional or dietary recommendations to treat or cure any medical condition
- (b) All information given is for educational purposes only
- (c) There is no implied or stated guarantee of success or effectiveness of any specific treatment plan or guidelines
- (d) I am free to act upon or disregard the recommendations of Dana Wood of Spirit of the Boreal Botanicals as I so choose

I hereby release Dana Wood and Spirit of the Boreal Botanicals from all responsibility for my actions and any consequences thereof in the present time and in the future with no constraints. I hereby affirm that I consent and agree to the above statements of my own free will and request to engage the services of Dana Wood of Spirit of the Boreal Botanicals in a professional relationship pursuant to the statements herein.

Client's Name (Print): _____

Client's Signature: _____

Today's Date: _____

Thank You

About Spirit of the Boreal Botanicals

We are dedicated and passionate about helping you find your way to a healthier, happier and more balanced self.

We provide an educated, quality, and compassionate herbal consulting service.

Our bulk herbs and medicinal mushrooms are ethically harvested and wildcrafted locally where possible.

Spirit of the Boreal Botanicals aims to work harmoniously with other health care professionals to ensure our clients have the best integrative medical care possible.

We strive to stay current with the rapidly advancing scientific-based research supporting benefits of using certain herbals for cancer, autoimmune disorders, neurodegenerative disorders, viral and bacterial infections, gastrointestinal issues, musculoskeletal conditions, endocrine/hormonal disorders, genitourinary conditions, respiratory conditions and more.

About Dana Wood, C.H., C.E.T.

Dana Wood is a certified Chartered Herbalist with one of North America's oldest herbal colleges - The Dominion College of Herbal Medicine (est. 1926).

Dana also holds a two-year diploma in Bio-Engineering and Chemical Technology from Red River College in Winnipeg and is a certified Engineering Technologist with the Certified Technicians and Technologists Association of Manitoba (CTTAM).

Dana opened her herbal consulting business called Spirit of the Boreal Botanicals in 2014 but holds two decades of experience in biochemistry, the study of plants, medical and scientific research as well as hands-on quality laboratory analyses.

Additionally, Dana has undertaken nearly 100 hours of shamanic spiritual healing instruction, including plant spirit medicine, from a registered Foundation of Shamanic Studies instructor.

Dana has always been an outdoor advocate and has a special affinity to the remote wilderness areas of Manitoba, particularly in the pristine boreal forest.

After being a caregiver and spending hundreds of days in the hospital with her daughter who was battling cancer, Dana became attuned to the quality of care clients require and desire.

Dana offers herbal consultations in person, over the phone, Skype or email. Once initial contact is made, the client will be given a detailed intake form to be filled out and returned prior to the first appointment. This gives Dana a better understanding of the client's medical history, overall health, and most importantly, the potential for any pharmaceutical drug/herbal interaction.

The initial appointment will generally take anywhere from 45 minutes to 1 hour at a cost of \$75 and involves a detailed clinical assessment taking into consideration your health and medical history as was provided on the intake form. As a trained herbal practitioner, Dana's goal is to not only address acute special health issues but also assess and address the client's whole health from a holistic perspective. This may involve a set of non-obtrusive clinical diagnostic tests such as taking your pulse, blood pressure or listening to your breathing. This may occur during the in-person appointments.

Once the assessment is complete, an individually tailored herbal remedy will be created for you, consisting of herbal teas, herbal tinctures, poultices or salves. The herbal preparations may take a few days to prepare, but will be shipped to you promptly. The cost of the herbal preparations is not included in the consultation fee and will vary with the type of herb recommended.

A follow-up appointment can be rescheduled in approximately 2-4 weeks to re-assess and discuss your health progress. Follow-up appointment costs usually take 30 – 45 min. and cost \$30.

I look forward to working with you towards restoring your health.